

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

FORTIS CELEBRATES NATIONAL DOCTOR'S DAY



Fortis Hospital, Vasant Kunj



Fortis Hospital & Kidney Institute, Kolkata



Fortis Hospital, Hiranandani Vashi



Fortis SL Raheja Mahim



Fortis Hospital, Kalyan



Fortis Hospital, Shalimar Bagh



Fortis Memorial Research Institute



Fortis Escorts Amritsar



Fortis Hospital, Jaipur



Fortis Escorts Faridabad



Corporate Office, Gurugram



Fortis Hospital, Anandapur



Dear Colleagues,

It gives me great pleasure to connect with you through the latest issue of our in-house e-magazine, The Fortisian.

We have completed the first quarter of the new fiscal, and the year ahead looks very promising. I am delighted to share that we are continuing to focus on growth plans and are making all efforts to expand our geographical footprint. Under an operation and maintenance services (O&M Services) agreement, Fortis will manage the operations of five out of six hospitals under the Gleneagles India network. This apart, a dedicated Super Speciality OPD clinic was inaugurated in Guwahati, Assam, recently. The refurbishment work of our new hospital in Jalandhar is progressing swiftly, and we will soon be announcing its commissioning.

We are also concentrating on upgrading our infrastructure, adding new clinical equipment wherever required and building a strong talent pool. New clinical programs are being introduced in our hospitals. It is a matter of great pride that we are today one of the few healthcare providers in the country to have a wide range of the latest medical equipment, along with some of the finest doctors, nurses, technicians and paramedical personnel.

With these initiatives, I am confident that we are on the path to sustainable long-term growth. However, our progress depends entirely on your wholehearted commitment and hard work. I am sure that each one of you will continue to contribute your best and ensure a positive patient experience.

Best,
Vivek Kumar Goyal
CFO

New Beginnings & Launches

Fortis, in association with Agilus, launches Super Specialty OPD Centre in Guwahati, Assam



Press briefing announcing the launch

Fortis Healthcare launched a dedicated Super Speciality OPD clinic in Guwahati on May 30, 2025 to enhance healthcare accessibility for the residents of North-East India. The clinic will provide super speciality consultations in Orthopaedics, Urology, Haemato Oncology, Medical Oncology, BMT & Surgical Oncology. This is a first-of-its-kind initiative where patients can avail of consultations with renowned Fortis clinicians along with the services of Agilus Diagnostics, under one roof.

The Clinic was inaugurated in the presence of Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare; Dr Anand. K, Managing Director & CEO, Agilus Diagnostics; Dr Mohan Keshavamurthy, Director - Urology, Uro-Oncology, Andrology, Transplant & Robotic Surgery, Fortis Hospital, Bannerghatta Road, Bengaluru; Dr Niti Raizada, Director - Medical Oncology, Fortis Hospital, Bannerghatta Road, Bengaluru, Dr Archit Pandit, Director - Surgical Oncology, Fortis Escorts, Okhla Road, New Delhi, Dr Vishwadeep Sharma, Additional Director Orthopaedics, Fortis Hospital, Vasant Kunj, Dr Subhaprakash Sanyal, Senior Consultant Haematology, Hemato-Oncology & BMT, Fortis Hospital, Mulund and Dr Nikhil M. Kumar, Consultant - Adult Hemato-Oncology & BMT, Fortis Memorial Research Institute, Gurugram.

Fortis BG Road, Bengaluru, launches India's First Total Robot Enabled and Assisted Transplant (TREAT) Program for Kidney Transplant



Fortis Hospital, Bannerghatta Road, Bengaluru, has achieved yet another clinical milestone with the launch of the TREAT Program (Total Robot Enabled and Assisted Transplant) — a first-of-its-kind initiative in India for robot-assisted kidney transplantation. This cutting-edge advancement marks a new era in surgical excellence and compassionate care, underscored by a landmark achievement: the successful execution of simultaneous robotic surgeries for both donor and recipient — a historic first in the country. The program was officially launched during a press conference held on June 26, 2025 by Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare Ltd, Dr Mohan Keshavamurthy, Principal Director – Renal Sciences, Fortis Hospitals, Bengaluru, and Mr Akshay Oleti, VP & Business Head, Fortis Hospitals, Bengaluru.

TREAT brings together an Advanced Robotic Surgical Ecosystem and patient-centric protocols to deliver superior outcomes in complex kidney transplant scenarios. By deploying two robotic systems simultaneously—one for the donor and one for the recipient—TREAT significantly reduces trauma, enhances surgical accuracy, and accelerates recovery. In a country where most living kidney donors are women, the program addresses a crucial gap by equally prioritizing the safety and recovery of donors. It enables minimal physical discomfort, shorter hospital stays, and a faster return to daily life, while upholding the highest standards of surgical precision. Furthermore, TREAT offers new hope to recipients with co-morbidities, obesity, prior transplant history, or complex anatomical challenges—making life-saving procedures possible for patients previously deemed inoperable.

S.L. Raheja Hospital launches AI-enabled digital PET CT, 3T-MRI, and advanced NICU-PICU units



(C) Trustee Mr C.L. Raheja, Mrs Jyoti Raheja, (R) Mr Akshay Raheja, (L) Mr Neel Raheja with Dr Kunal Punamiya & Dr Mary Anne Joseph, at the launch of NICU PICU Unit, MRI and digital PET CT Scan at S.L. Raheja Hospital, Mahim – A Fortis Associate



S.L. Raheja Hospital – A Fortis Associate, strengthened its commitment to delivering state-of-the-art diagnostic care with the launch of AI-enabled Digital Positron Emission Tomography – Computed Tomography (Digital PET CT) scan and 3 Tesla Magnetic Resonance Imaging (3T-MRI) services, on June 18, 2025. These additions mark a milestone in the hospital's journey toward providing precision-driven diagnostics and critical paediatric care in Mumbai. This is the second digital PET CT scan facility of its kind in Mumbai, bringing world-class imaging capabilities closer to patients. In addition, the hospital introduced advanced Neonatal Intensive Care Unit (NICU) and Pediatric Intensive Care Unit (PICU) services to further enhance critical care for infants and children. The hospital has introduced top-tier technology and upgraded facilities as part of their ongoing effort to bring precision and AI enabled diagnostic modalities to deliver advanced diagnostics excellence and patient centric care.

The facilities were inaugurated by Mr Chandru Lachmandas Raheja, Trustee, S. L. Raheja Hospital. The launch ceremony was also graced by Trustees Ms. Jyoti Raheja, Mr. Ravi Raheja, Mr. Akshay Raheja and Mr. Neel Raheja & Mr. Ramesh Valecha, Treasurer – DAI. Also present were Mr Anil Vinayak, Group Chief Operating Officer, Fortis Healthcare; Mr Ashish Bhatia, Executive Vice President, Fortis Healthcare; Dr S. Narayani, Business Head–Fortis Hospitals Maharashtra, Dr Kunal Punamiya, CEO – S.L. Raheja Hospital; and Lt. Gen Dr. V. Ravishankar, Medical Advisor. Their collective presence underscored the significance of this milestone in advancing healthcare excellence in the region.

The AI-enabled PET CT and MRI facilities, which will be headed by Dr Mary Anne Joseph, Head-Nuclear Imaging and Dr Sanjay Bhatia, Consultant-Dept. of Radiology, respectively. The new digital PET CT delivers enhanced resolution, faster imaging time, and improved patient comfort. It is equipped with AI-enabled software to provide better precision in identifying lesions. NICU and PICU feature a thoughtfully designed environment with bright, soothing color palettes and dedicated zones for family comfort, aimed at creating a calming atmosphere that supports faster recovery for young patients. The NICU houses seven beds, and is fully equipped with high-frequency ventilators, continuous positive airway pressure (CPAP) units, LED phototherapy systems, and medical-grade sterilizers. The PICU consists of four beds, with one dedicated isolation bed for immunocompromised or infectious cases, ensuring maximum protection and personalized care. Designed to facilitate both medical excellence and emotional well-being, this unit will be supported by pediatric facilities, located on the same floor with 4 beds for seamless coordination between departments and timely, integrated care for both infants & children. It will be headed by Dr Asmita Mahajan, Consultant Neonatologist & Pediatrician .

Fortis Hospital, Vasant Kunj Inaugurates Advanced Bronchoscopy and Endoscopy Suite



On June 10, 2025, Fortis Hospital, Vasant Kunj, inaugurated a state-of-the-art Bronchoscopy and Endoscopy Suite. The inauguration was graced by Mr Mahipal Singh Bhanot, Senior Vice President & Business Head – Delhi NCR; Dr Gurvinder Kaur, Facility Director – Fortis Vasant Kunj; Dr Prashant Saxena, Senior Director & HOD - Pulmonology & Critical Care; Dr Manoj Kumar, Director – Gastroenterology; Dr Shubham Vatsya, Senior Consultant – Gastroenterology and other esteemed senior clinicians of Fortis Vasant Kunj.

Fortis launches its fourth International Information Centre in Africa at Douala, Cameroon



Further strengthening its footprint in Africa, Fortis Healthcare launched its fourth International Information Centre in Douala, Cameroon, on May 16, 2025. The new centre, established in collaboration with Vaidam Health, marks a significant step in strengthening the organisation's commitment to accessible and patient-friendly healthcare solutions for the people of Cameroon. Strategically located in Douala—the economic capital and one of the most vibrant cities of Cameroon—this Centre is well-placed to serve the growing healthcare needs of the region. As a key port city with excellent connectivity and a dynamic business environment, Douala offers an ideal setting to enhance healthcare access and outreach.

The inauguration event was graced by approximately 40 esteemed guests, including leading doctors, paramedics, and prominent local stakeholders including the team from Fortis and Vaidam Health. The establishment of a local office is a major milestone, as it provides a trusted, on-the-ground presence for patients and families seeking advanced medical care in India. Having a local presence ensures that patients receive personalised guidance, accurate medical information, and end-to-end support—right from understanding treatment options to planning a smooth, comfortable medical journey to Fortis hospitals in India. It eliminates communication barriers, builds trust and greatly enhances convenience for the local population.

Fortis Mulund Enhances Wellness Services with New Centre for Preventive Health



The health check-up staff with Dr S. Narayani (2nd left) along with (back) Dr Manjeet Singh Arora and Dr Priyanka Navelkar Nadkarni



Newly launched Centre for Preventive Health at Fortis Hospital Mulund

Fortis Hospital Mulund, on May 12, 2025, launched a comprehensive health check-up wing. The Centre for Preventive Health is designed to deliver personalised, efficient and preventive medical screenings to people across all age groups. With advanced infrastructure and integrated wellness services, the wing focuses on holistic well-being of the community. The new wing was inaugurated by Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra and Dr Vishal Beri, Facility Director, Fortis Hospital Mulund along with the clinical and administrative staff.

The new wing offers a wide range of health checkup offerings customised to individual needs, including tailored offerings for adolescents, senior citizens, and for patients with pre-existing comorbidities, like Diabetes and Hypertension among others. Additionally, it offers customised comprehensive offerings to corporate employees. All tests and consultations are completed in a single visit with same-day reporting and specialist consultations. These services can be facilitated by both in-house patients and individuals seeking self-initiated screenings, adopting a future-forward model of comprehensive preventive care. Lifestyle medicine counselling sessions will also be hosted at the new health check-up wing, to support long-term health and wellness.

Fortis Hospitals Bengaluru sign MoU with Teleflex, India to create a UroLift Center of Education for South Asia



Fortis Hospitals, Bengaluru has signed a Memorandum of Understanding with Teleflex Incorporated (NYSE: TFX), a leading global provider of medical technologies to create UroLift Center of Education for South Asia in India on May 15, 2025. Through this collaboration, the center of education is equipped to help Urologists acquire requisite skill to optimize individualized treatment solutions such as UROLIFT for patients requiring Endoscopic surgical solutions for BPH and enhancing outcomes thereof. The program is designed to provide a comprehensive training program to Urologists to ensure careful selection and safe delivery of UROLIFT System to patients in their practice.

These training programs for the UroLift System will be conducted at Fortis Hospitals, Bannerghatta Road, Bengaluru.

The UroLift™ System uses a minimally invasive approach to treating Benign Prostatic Hyperplasia (BPH). BPH is a common condition marked by bothersome urinary symptoms that can cause loss of productivity, depression, interrupted sleep, and decreased quality of life. The UroLift™ System is the only leading BPH procedure that does not require heating, cutting, removal, or destruction of prostate tissue. The UroLift™ System provides rapid symptom relief and preserves sexual function. Typically, short term catheter is required after the treatment.

Fortis Hospitals Bengaluru launches Fortis Academy of Uro Gynaecology (FAUG) in collaboration with OC Academy



Fortis Hospitals, Bengaluru, in collaboration with OC Academy, has launched the Fortis Academy of Uro Gynaecology (FAUG), a specialized initiative offering a Post Graduate Program in Urogynaecology to equip specialists with the knowledge and skills to address a wide range of pelvic health concerns in women.

This intensive 12-month program is designed to enhance both clinical and surgical proficiency in urogynaecology. It adopts a blended learning model, combining robust theoretical instruction with hands-on clinical exposure. The program enables participants to confidently manage complex urogynaecological conditions and independently perform relevant procedures with precision and care.

By empowering Urogynaecologists with advanced training, FAUG aims to raise the standard of pelvic health care and ensure better outcomes and safety for women facing these health challenges

Fortis Hospital, Anandapur, Launches Epilepsy Clinic and 24/7 Helpline



Fortis Hospital, Anandapur, Kolkata, has launched a dedicated Epilepsy Clinic and a 24/7 Epilepsy Helpline, offering comprehensive care for individuals living with epilepsy. The clinic caters to all age groups and is supported by a multidisciplinary team including neurologists and psychologists, addressing both medical and psychosocial aspects of the condition.

The round-the-clock helpline provides immediate guidance during seizure episodes, ensuring timely support for patients and caregivers. "In Kolkata alone, 50,000–80,000 people suffer from epilepsy. This clinic is a much-needed step in offering structured management," said Dr Amit Halder, Director – Neurology. Equipped with advanced diagnostics like 3 Tesla MRI and long-term video EEG monitoring, the clinic combines technology with expert care. While functioning on an OPD basis, inpatient services are available when needed—making it a one-stop destination for holistic epilepsy care.

Fortis Hospital, Noida, Launches Dedicated Cervical (HPV) Vaccination Clinic on Mother's Day



On the occasion of Mother's Day on May 8, 2025, Fortis Hospital, Noida, took a step forward in promoting women's health by launching a dedicated Cervical (HPV) Vaccination Clinic. The Clinic was inaugurated in the presence of Mr Mohit Singh, SBU Head – Noida, Greater Noida & Faridabad; Dr Shanu Sharma, Medical Director - Fortis Hospital, Noida; Dr Anjana Singh, Director - Obstetrics and Gynaecology, Dr Monika Wadhawan, Additional Director - Obstetrics and Gynaecology; Dr Aradhana Singh, Additional Director - Obstetrics and Gynaecology; Dr Neha Gupta, Additional Director - Obstetrics and Gynaecology; Dr Ankit Prasad, Consultant – Paediatrics and Dr Sanjeev Chetry, Senior Consultant – Neonatology, among others.

Fortis Escorts Hospital, Faridabad Inaugurates Medical Room for Private Co's Employees



Fortis Escorts Hospital, Faridabad inaugurated a Medical Room at Phoenix Contact (India) Pvt. Ltd, Palwal, Haryana, on May 19, 2025. The facility was launched by the Phoenix leadership along with Mr Yogendra Nath Awadhiya, Facility Director - Fortis Escorts Hospital, Faridabad; Mr Tabish Jamshed, Sales & Marketing Head – Fortis Escorts Hospital, Faridabad and Dr Raj Kumari, Obs & Gynae.

The medical room provides prompt and efficient healthcare services to the employees of Phoenix. Fortis Escorts Hospital, Faridabad, now has 10 such medical centres across Faridabad as part of the Guardians of Health Programme.

Fortis Vasant Kunj Launches Dedicated Obesity Clinic



Fortis Hospital Vasant Kunj launched a dedicated Obesity Clinic on May 7, 2025. The initiative aims at tackling the obesity epidemic that is impacting millions across India. The clinic was inaugurated by Shri Chirag Paswan, Union Minister of Food Processing Industries of India, in a ceremony attended by senior leaders, including Dr Ashutosh Raghuvanshi, MD & CEO; Mr Anil Vinayak, Group Chief Operating Officer; Dr Mugdha Tapdiya, Director - Internal Medicine, Fortis Vasant Kunj, Dr Gurvinder Kaur, Facility Director - Fortis Vasant Kunj and Ms Ruchika Jain, Chief Clinical Dietitian and Nutritionist.

In his inaugural address, Shri Chirag Paswan stressed the significance of proactive measures in combating lifestyle diseases such as obesity. Dr Ashutosh Raghuvanshi added, "Our approach is essential for sustainable weight management and addresses the diverse needs of patients." Dr Mugdha Tapdiya highlighted the clinic's offerings, including advanced body composition analysis and personalized obesity management, supported by a multidisciplinary team focused on holistic care encompassing weight management, nutrition, mental health and overall wellness.

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Clinical Excellence

Doctors at Fortis Gurugram Remove 8,125 Gallstones — Highest Reported in Delhi/NCR



A team of doctors at Fortis Hospital Gurugram successfully removed 8,125 gallstones from the gallbladder of a 70-year-old male patient. This is the highest reported number of gallstones ever removed in Delhi/NCR. The patient had been suffering for years from persistent abdominal pain, fever, fatigue and appetite loss. A minimally invasive laparoscopic cholecystectomy was performed by Dr Amit Javed, Senior Director - Gastrointestinal Oncology, and Dr Narola Yanger, Principal Consultant - GI, GI Oncology, Minimal Access & Bariatric Surgery, during which the gallstones were removed in a 60-minute surgery, followed by a meticulous 6-hour count.

The achievement was announced at a press conference held in New Delhi on May 22, 2025. It was addressed by Dr Amit Javed and Dr Narola Yanger, along with Mr Yash Rawat, Vice President & Facility Director, Fortis Hospital Gurugram, and Mr Ajey Maharaj, Head – PR & Communications, Fortis Healthcare.

India's First Combined Robot-Assisted Heart Bypass and Breast Cancer Surgery Successfully Performed at Fortis Escorts, Okhla Road



In a rare and landmark achievement in the field of multidisciplinary robotic surgery, a team of doctors at Fortis Escorts, Okhla, successfully performed India's first combined robot-assisted heart bypass (CABG) and breast cancer surgery (modified radical mastectomy) in a single operative session. The complex, life-saving 11-hour procedure was carried out on a 72-year-old woman from Bangladesh and marks a significant advancement in integrated surgical care. The surgical team was led by Dr Ritwick Raj Bhuyan, Director - Adult Cardiothoracic & Vascular Surgery; Dr Archit Pandit, Director - Surgical Oncology; and Dr Vineet Goel, Consultant - Surgical Oncology at Fortis Escorts, Okhla Road.

The patient presented in critical condition on May 7, 2025, with complaints of severe breathlessness, fatigue, and continuous bleeding from an infected, ulcerated wound on the right breast. Investigations revealed advanced Stage 3 breast cancer along with critical triple-vessel coronary artery disease and signs of heart failure. Her deteriorating cardiac status made standalone cancer surgery extremely high risk, while any delay in treating the aggressive breast cancer posed an immediate threat to life. In light of these challenges, the doctors opted for a dual-surgical approach-starting with a robotic heart bypass using minimally invasive thoracic incisions, followed seamlessly by a modified radical mastectomy without altering the surgical field. The patient made a steady recovery and was discharged in stable condition after 12 days on May 19.

Certifications & Accreditations

Fortis Escorts Hospital, Jaipur Awarded Quality Certificate by Infusion Nurses Society



Fortis Escorts Hospital, Jaipur, has successfully completed the INFUZE audit and has been awarded the coveted Quality Certificate by the Infusion Nurses Society (INS) for the robust implementation and compliance to INFUZE (Quality Improvement Program in Infusion Therapy). The certification, received on May 1, 2025, is valid through April 30, 2028. This recognition reflects the hospital's unwavering commitment to clinical excellence and adherence to best practices in infusion therapy, as outlined by INS standards.

A certified assessor from INS conducted a comprehensive evaluation of the hospital's infusion protocols, processes, and documentation, and commended the nursing team for their exceptional efficiency, competence, and adherence to quality standards.

The successful audit was led by the dedicated Nursing Team at Fortis Escorts Hospital, Jaipur, with the support and guidance of Ms Jijimol James, CNO, Dr Manikant Jain, Medical Superintendent and Dr Manish Kumar Agarwal, Facility Director.

Milestones

Fortis Hospital Gurugram Celebrates 12 Years of Excellence, Innovation & Trust



In May 2025, Fortis Hospital Gurugram commemorated its 12th anniversary, celebrating its successful journey marked by innovation, clinical excellence and a growing legacy of patient trust.

Since opening its doors in 2013, the hospital has emerged as a key healthcare provider in the region, offering cutting-edge treatments and comprehensive care across specialties. The institution has been at the forefront of introducing advanced medical technologies, including the Gamma Knife, MR Linac, and robotic-assisted surgeries—technologies that have significantly enhanced precision in treatment and improved patient outcomes.

Over the years, Fortis Gurugram has built a reputation not just for its infrastructure, but for its team of highly regarded clinicians. The hospital credits its success to the combined efforts of its doctors, nurses, technical staff, support personnel, and administrative teams, who have contributed to its standing as a dependable centre for tertiary and quaternary care.

To mark the occasion, the hospital released a short video featuring its medical team, offering personal reflections and messages of gratitude.

Fortis Escorts, Okhla Road, Achieves Milestone with its First Robotic Thymectomy in Cancer Care



The Surgical Oncology team at Fortis Escorts, Okhla Road, New Delhi, successfully completed the hospital's first robot-assisted thymectomy, marking a significant advancement in minimally invasive cancer care under the leadership of Dr Archit Pandit, Director – Surgical Oncology and Dr Vineet Goel, Consultant – Surgical Oncology.

The surgery was performed on a 28-year-old female patient from Kenya, diagnosed with Myasthenia Gravis — a chronic autoimmune neuromuscular disorder that causes weakness in the skeletal muscles. In many patients, especially younger ones, removal of the thymus gland (thymectomy) is recommended as it can lead to significant symptom improvement and, in some cases, long-term remission. She was admitted on June 1, 2025, and discharged on June 5.

The gland was removed through tiny incisions with high precision and with minimal disruption to surrounding structures. Robotic thymectomy offers the advantages of reduced blood loss, lesser pain, shorter hospital stays and faster return to daily activities. The success reflects the power of seamless collaboration — from the skilled surgical team and anesthesiologists to the dedicated OT and critical care staff.

S.L. Raheja Hospital, Mumbai, Completes 50 TAVI Procedures, Showcasing Excellence in Minimally Invasive Heart Solutions



(L-R) Dr Raghav Nagpal, Dr Haresh Mehta & Dr Kayan Siodia from the Dept. of Interventional Cardiology and Structural Heart Intervention, who achieved this milestone.

Clinicians at the Department of Interventional Cardiology and Structural Heart Intervention at S.L. Raheja Hospital, Mahim - A Fortis Associate have successfully performed 50 Transcatheter Aortic Valve Implantation (TAVI) procedures. The 50th procedure was conducted on April 10, 2025 — marking a significant milestone for cardiac care in the Mumbai region. This milestone puts S.L. Raheja Hospital, Mahim, at the forefront of cardiac care in Mumbai, with one of Mumbai's most advanced Structural Heart Programs. The milestone was achieved under the leadership of Dr Haresh Mehta, Director – Interventional Cardiology and Structural Heart Interventions, along with Consultant - Interventional Cardiologists Dr Kayan Siodia and Dr Raghav Nagpal.

Dr Kunal Punamiya, CEO, S.L. Raheja Hospital, Mahim - A Fortis Associate, said, "This momentous achievement reflects our ongoing commitment to delivering cutting-edge cardiac interventions to those who need it the most. With this milestone, we continue to deliver world-class minimally invasive cardiac care that ensures improved outcomes, faster recovery, and enhanced quality of life. Our Structural Heart Program has been designed to provide cutting-edge cardiac therapies under one roof, which includes stenting and Angioplasty, Atherectomy, ICD and Pacemaker implantation, valve repair and more. Additionally, we are equipped with a state-of-the-art Cath lab to support these advanced procedures.

Sportsmed at Fortis Escorts Jaipur Celebrates 11 Years of Excellence



Sportsmed at Fortis Escorts Jaipur, one of the prestigious sports injury treatment centres in Rajasthan, celebrated 11 years of pioneering role in arthroscopy, sports medicine and injury reduction on June 16, 2025. The anniversary celebrations highlighted the hospital's record-breaking commitment to excellence, innovation and patient-death care - making it a leader in sought-after sports healthcare across the country under Dr Vikram Sharma, Senior Consultant, Arthroscopy and Sports Medicine.

Prominent sports personalities including Chief Guest Pandit Suresh Mishra, Socialist and Founder, Jaipur Marathon, Guest of Honour Guest Smt. Kirti Rathore, Secretary, Rajasthan Women Football Association, Former Indian Sportsman Shri Pankaj Singh and Asian Games medallist Archer Rajat Chauhan were present at the event. All guests were honoured by Ms Richa Deb Gupta, Chief of Strategy, Group Head ESG & Business Head – Jaipur & Kolkata, Fortis Healthcare Ltd., Dr Manish Kumar Agarwal, Facility Director – Fortis Jaipur, Dr Vikram Sharma, Senior Consultant - Arthroscopy and Sports Medicine and Dr Manikant Jain, Medical Superintendent, Fortis Jaipur. Sportsmed, Fortis Hospital, Jaipur organised a special felicitation ceremony and expert discussion to celebrate the occasion.

Community Connect

Team Infection Control, Fortis Anandapur, organises School Health Programme on Basic Hygiene and BLS



Ms Dwipta Dey and Ms Regina Rani Rao from Infection Control Team, Anandapur



A school health awareness program was organised at a prominent city school by the Infection Control Nurses of Fortis Hospital, Anandapur, Kolkata. The day-long event was about spreading awareness about Hand Hygiene Practices. The team used posters, infographics and other visual aids to reinforce the importance of hand hygiene practices.

A session on Oral Hygiene was conducted for students in classes 1-4, focusing on the prevention of cavities, gum disease and bad breath. The session aimed to educate the young learners about the importance of maintaining good oral health, teaching them essential habits such as proper brushing techniques, flossing and the importance of a healthy diet.

In addition, a Basic Life Support (BLS) and Airway Management demonstration was provided to the teachers and non-teaching staff. This training was designed to equip them with the confidence and skills needed to act swiftly and effectively in critical situations. The session covered life-saving techniques like CPR and airway management, ensuring that staff members are prepared to handle emergencies with confidence and composure. Another session on antibiotic usage awareness was also conducted for them. The day ended with distribution of gifts, making the program impactful.

Fortis Gurugram Celebrates World Thalassemia Day with 'Rockstars of Thalassemia'



On May 8, 2025, on the occasion of World Thalassemia Day, the Paediatric Haematology Oncology and BMT Department at Fortis Hospital, Gurugram, led by Dr Vikas Dua, Principal Director & Head, Paediatric Haematology, Haemato-Oncology and Bone Marrow Transplant, organised 'Rockstars of Thalassemia' — an inspiring event that celebrated the courage, resilience, and talent of children living with Thalassemia. The event brought together 30 young warriors who lit up the stage with their captivating performances in dance, music, poetry and stand-up comedy.

The event was graced by Padma Shri awardee Shri Anup Jalota as the chief guest, whose presence added warmth and inspiration to the celebration. Senior leadership from Fortis Healthcare, including Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare; Mr. Ajey Maharaj, Head – PR & Communications, Fortis Healthcare; and Mr. Abhishek Sharma, Head – Operations, Fortis Hospital Gurugram, also joined the occasion, reaffirming Fortis Gurugram's commitment to building awareness and support for Thalassemia care.

Fortis Noida Organises Live Screening Camp in Collaboration with Reputed Public Sector Giants



Fortis Hospital, Noida in collaboration with Indian oil Corporation Limited (IOCL), National Fertilizer Limited (NFL), Bharat Heavy electrical Limited (BHEL) and Gas Authority of India Limited (GAIL) organised liver screening camps on the occasion of World Liver Day 2025. These camps were held between April 19 to May 1, 2025.

The camps were followed by a complimentary Fibroscan camp for early detection and awareness about the liver disease. A total of 320 employees benefitted from the camps.

Fortis Hospital, Manesar Reinforces Elder Care with Launch of Senior Citizen Privilege Card



Fortis Hospital, Manesar, launched a Senior Citizen Privilege Card, reaffirming its unwavering commitment to the health, dignity and well-being of elders. The launch event, attended by over 100 senior citizens, was graced by Mr Abhijit Singh, Facility Director, Fortis Manesar, along with our senior clinicians, Dr Ruchir Maheshwari, Director – Urology, Dr Jagdeep Yadav, Additional Director – Cardiology and Dr Hatinder Jeet Singh Sethi, Additional Director – Internal Medicine.

Over 100 Clinicians Participate in Emergency Medicine Workshop at Fortis Manesar



On May 3, 2025, Fortis Hospital, Manesar, hosted over 100 doctors from various institutions for a vital Pre-EMCON 2025 Workshop focused on advancing emergency medical skills. The workshop was graced by Mr Mahipal Singh Bhanot, Senior Vice President & Business Head – Delhi NCR; Mr Abhijit Singh, Facility Director – Fortis Manesar; Dr Attish Garg, Head of Emergency at Fortis Hospital Manesar; Dr Ankur Verma, President of the SEMI Delhi Chapter; and Dr Sanjay Jaiswal, Vice President (North), SEMI. Their leadership and insights played a key role in shaping an impactful and forward-looking session.

Fortis Gurugram Hosts 18th AMPINC-CON 2025, Showcasing Innovation in Medical Physics



On April 26–27, 2025, Fortis Hospital Gurugram hosted the 18th Annual Conference of the Association of Medical Physicists of India (Northern Chapter) – AMPINC-CON 2025. The conference, organised by the Department of Radiation Oncology, FMRI, was inaugurated by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, in the esteemed presence of Dr Bishnu Panigrahi, Group Head – Medical Strategy & Operations, Fortis Healthcare; Dr C.S. Madhu, President Elect, AROI; and other distinguished leaders. Dr Anil Kumar Anand, Senior Director & HOD, Department of Radiation Oncology, FMRI, chaired the Organising Committee, while Dr Radhakrishnan B. Nair, Chief Medical Physicist & RSO, served as the Organising Secretary.

With over 200 delegates comprising medical physicists, residents, and students from across the country, the conference created a vibrant platform for scientific exchange and collaboration. Anchored on the theme ‘Adaptive Radiotherapy – Present and Future,’ the two-day event featured thought-provoking sessions on emerging advancements in radiation oncology, artificial intelligence, quality assurance and dosimetry, and radiation safety.

The FMRI team delivered exclusive sessions on MR Linac and Surface Guided Radiotherapy (SGRT), highlighting the institute’s pioneering role in adopting next-generation technologies. The academic programme also included oral and poster presentations, a student quiz competition and awards for outstanding contributions in medical physics.

Fortis Hospital Manesar Hosts ‘Sakhi Meet;’ Unveils Dedicated Evening OPD Services



Fortis Manesar hosted an engaging and insightful ‘Sakhi Meet,’ which witnessed enthusiastic participation from over 50 women from the community. The event served as a vibrant platform for awareness and dialogue, with impactful health talks delivered by our esteemed panel of experts including Dr Nisha Aggarwal, Director - Obstetrics & Gynaecology; Dr Smita Vats, Additional Director - Obstetrics & Gynaecology; Dr Pooja Babbar, Consultant & Unit Head - Medical Oncology and Dr Mansi Chowhan, Consultant - Surgical Oncology.

A key highlight of the evening was the official unveiling of our dedicated Evening OPD services, aimed at enhancing accessibility to quality healthcare for working individuals and families. This initiative was formally launched by Dr Aashutosh Soniya, Senior Consultant & Unit Head – Paediatrics; Dr Sudip Chowdhary, Consultant – Paediatrics; Dr Anupama Gonjhu and Dr Diksha Gupta, both Attending Consultants - Obstetrics & Gynaecology; Dr Gaurav Vashist, Associate Consultant - Internal Medicine and Dr Vikas Aggarwal, Associate Consultant - Urology.

Engagement

Dr Ashutosh Raghuvanshi releases 'The Champion Within – Life Lessons from Sport Psychology'



Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, released a book, 'The Champion Within – Life Lessons from Sport Psychology,' written by Dr Samir Parikh, Chairperson - Fortis National Mental Health Program & Adayu - A Fortis Group Company, and Ms Divya Jain, Head – Psychological Services, Fortis National Mental Health Program. Dr Parikh and Divya were the mental wellness experts and part of the medical team that accompanied Team India to the Paris 2024 Olympic Games.

'The Champion Within,' published by Rupa Publications, delves into insights from sport psychology to bring forth the skills and strategies that can help each of us unlock our full potential. The book offers step by step building blocks for readers to instil self-belief, build motivation, boost productivity, enhance focus and overcome setbacks on one's path to success.

Spiritual Guru Shares Stress Management Tips with Fortis Mohali Staff



To highlight the importance of stress management, Fortis Hospital Mohali organised a spiritual talk by Swami Nirmalananda Giri of Yogoda Satsanga Society of India on June 14, 2025. Swami Nirmalananda Giri delivered a didactic lecture on 'Stress Management: Inner Peace through Yoga Meditation' followed by a guided meditation to about 100 Fortis employees. He was welcomed by Mr Ashish Bhatia, Executive Vice-President, Fortis Healthcare Ltd; and Mr Abhijit Singh, Head-SBU. The session was facilitated by Dr Atul S Joshi, Director - Minimal Access Surgery and Robotics, Fortis Mohali.

Fortis Mulund hosts 'Mastering ECMO-Essentials and Hands-on Training' Workshop for ICU Nurses across Mumbai



Participants & Nursing Fellows with (seated L-R) Ms Nitu Yadav, Dr Supriya Amey, Ms Minimole Varghese, Dr Jumana Haji, Dr Charudatt Vaity, Ms Divya Tejani & Ms Prajakta Danve

The ECMO Department at Fortis Hospital Mulund, on April 10, 2025, hosted a workshop titled 'Mastering ECMO – Essentials and Hands-On Training' for ICU nurses from leading hospitals across Mumbai. This initiative aimed to strengthen clinical competencies and elevate the quality of patient care in high-acuity environments. Designed by Dr Jumana Haji, Director-ECMO Program, Fortis Hospital Mulund, the workshop focused on a practical, nurse-centric approach. Key learning objectives included a thorough understanding of ECMO fundamentals, criteria for patient selection, emergency response during ECMO, and effective collaboration within multidisciplinary ECMO teams.

The program was honored by the presence of Dr Supriya Amey, Director-Medical Operations, Fortis Hospitals Mumbai and Dr Charudatt Vaity, Director-Critical Care, who, along with other distinguished speakers, offered valuable insights and support that contributed significantly to the workshop's success. The organising team thanked Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital Mulund for her continued leadership and commitment to advancing nursing education. The team also extended their sincere appreciation to the 26 passionate participants from hospitals across Mumbai, for their enthusiastic engagement and dedication to critical care excellence.

Special Feature



FORTIS CELEBRATES INTERNATIONAL NURSE'S DAY



Fortis Hospital, Vasant Kunj



Fortis La Femme, Greater Kailash II



Fortis Hospital, Noida



Fortis Hospital, Kalyan



Fortis Escorts Heart Institute



Fortis C-Doc Hospital, Nehru Place



Fortis Hospital, Mulund



Fortis Hospital, Hiranandani Vashi



Fortis Hospital & Kidney Institute, Kolkata



Fortis Hospital, Anandapur



Corporate Office, Gurugram



Fortis Escorts Hospital, Amritsar



Fortis Hospital, Jaipur



Fortis Hospital, Manesar



Fortis Hospital, Faridabad



SL Raheja Hospital, Mahim



Fortis Hospital, Shalimar Bagh



Fortis Memorial Research Institute



FORTIS CELEBRATES WORLD HAND HYGIENE DAY

Fortis Hospital, Vasant Kunj



On May 5, 2025 On this World Hand Hygiene Day, Fortis Vasant Kunj stands firm in our belief that awareness is the first step towards prevention. Our dedicated team gathered to raise essential awareness about hand hygiene among our staff, patients, attendants, and visitors, emphasizing its critical role in infection prevention and patient safety.

Through a series of interactive games, engaging demonstrations, and a vibrant poster competition, we illustrated how simple actions like proper handwashing can significantly impact our health and well-being. The educational activities not only fostered learning but also created a collaborative and spirited atmosphere.

A heartfelt thank you to our infection control team, quality team, nursing staff, and all participants whose enthusiasm and commitment made this event a success. Together, let us continue to champion hand hygiene, fostering a safer and healthier environment for all!

Fortis Escorts, Amritsar



Fortis Escorts Hospital, Amritsar, organised poster and quiz competitions to mark Hand Hygiene Day. Awareness sessions about Hand Hygiene were delivered by Ms Babeeta, Infection Control Nurse, Quality Team and senior Nursing leaders in all areas of the hospital. Health Talk was given by Nursing staff on Hand Hygiene. A dance was also performed by the nursing staff and prizes were given away by Mr Yogesh Joshi, Facility Director – Fortis Escorts, Amritsar, and Dr Rajiv Tiwari, Infection Control Officer.

Fortis Escorts, Okhla Road, New Delhi



In line with WHO's global initiative, Fortis Escorts, Okhla Road, New Delhi observed World Hand Hygiene Day on May 5, 2025, with enthusiasm and awareness activities to highlight the importance of hand hygiene in preventing infections and promoting patient safety.

Highlights of the event:

- ATP Hand Hygiene Swab Testing: Healthcare staff participated in scientific hand hygiene assessments using ATP bioluminescence technology, receiving instant feedback.
- Spin-the-Wheel Quiz Game: An engaging quiz on hand hygiene allowed participants to test their knowledge while having fun.
- Poster Competition: Staff expressed key hand hygiene messages creatively through posters with themes like "Clean Hands Save Lives."
- Educative Session for Patient Attendants: A brief, interactive session in the waiting lounge demonstrated proper handwashing techniques and emphasized its role in infection prevention.

Events

Fortis participates in World Bank-Health & Safety Expo as Healthcare Partner



Fortis participated as healthcare partner in the World Bank Health & Safety Expo, in association with insurance partner, Cigna International. The event aimed to promote health and safety awareness among World Bank employees. As a healthcare partner, Fortis showcased its medical excellence by setting up an informative stall and offering basic health check-ups for the employees. The Fortis team, which included members from Fortis Escorts, Okhla and Fortis Gurugram, engaged with the employees to educate them about preventive health measures and available healthcare services, underscoring Fortis Healthcare's capability of delivering world-class care and promoting wellness at the workplace.

Fortis Escorts Hospital, Jaipur, Hosts PSU Meet 2025



Fortis Escorts Hospital, Jaipur, hosted PSU Meet 2025 on April 25, 2025, bringing together representatives from various Public Sector Undertakings (PSUs) and the medical fraternity for an evening that celebrated collaboration, dialogue and shared progress in healthcare. The event served as a platform to strengthen strategic partnerships, meaningful discussions, and explore future-ready healthcare solutions through the combined expertise of Fortis and PSU stakeholders.

Key Highlights of the Evening:

- **Enriching Interactions:** The event facilitated interactive sessions with PSU stakeholders, opening dialogue on how to improve access to advanced healthcare services for employees and their families.
- **Departmental Insights:** Clinicians from Fortis, including Dr Shyam Sunder Sharma, Senior Director & HOD – Gastroenterology; Dr Rakesh Chittora, Director – CTVS; Dr Sundeep Jain, Director - GI, GI Oncology, HPB, Bariatric & Minimal Access Surgery; Dr Smita Vaid, Additional Director - Obstetrics & Gynaecology and Dr Arun Partani, Additional Director - Orthopaedics & Joint Replacement Surgery shared valuable insights into their respective specialties.
- **Honouring Collaborations:** All PSU representatives were invited on stage and honoured with mementos in the presence of the entire Fortis Doctor and Management Team, celebrating the spirit of trust and cooperation.
- **Special Felicitations:** The ceremony concluded with a heartfelt felicitation of the PSU teams, acknowledging their continued trust and support in partnering with Fortis for the healthcare needs of their employees.

The event concluded with Mr Manjeet Grover, Head – Sales & Marketing, extending a warm vote of thanks, expressing appreciation to all PSU representatives, doctors and dignitaries for making the evening truly memorable.

World Asthma Day Awareness Program at Fortis Hospital Anandapur, Kolkata



On the occasion of World Asthma Day, Fortis Hospital Anandapur, Kolkata, organised an awareness program on May 6, 2025, bringing together members of local residential societies, senior journalists, and retired corporate staff.

The event focused on educating the community about managing asthma effectively, with special emphasis on the correct use of inhalers and the broader impact of air pollution on respiratory health. Attendees were encouraged to play an active role in spreading awareness about asthma and advocating for cleaner air.

Dr Kalyan Rudra, Chairman - West Bengal Pollution Control Board, was the special guest. He shared valuable insights on the current state of air pollution and its implications on public health. The program commenced with opening remarks from Ms Richa S Debgupta, Chief of Strategy, Group Head ESG and Business Head – Kolkata & Jaipur, along with Mr Ashish Mukherjee, Facility Director, Fortis Hospital, Anandapur. Dr Sushmita Raychowdhury, Director – Pulmonology, along with her team, led an informative session on asthma care, followed by an engaging Q&A session with the audience.

Fortis Ludhiana Hosts Successful Live Surgery Conference on Endometriosis with LOGS



Fortis Hospital, Ludhiana, in association with the Ludhiana Obstetrics and Gynaecology Society (LOGS), conducted a Live Surgery Conference on Endometriosis on May 3, 2025. The event was attended by over 100 leading gynaecologists and medical professionals from across the region. Renowned gynaecologist Dr Jagrut Joshi from Ahmedabad led the live surgical demonstration, showcasing advanced techniques in managing complex endometriosis cases. The session was followed by an interactive Q&A, promoting knowledge exchange.

Dr Vishavdeep Goyal, Zonal Director, Fortis Amritsar & Ludhiana, inaugurated the event and emphasised the importance of continuous learning. Dr Gursimran Kaur, Principal Consultant - Obstetrics & Gynaecology, served as Chief Organising Secretary, driving the initiative.

Fortis Hospital, Manesar Hosts Workshop on Developmentally Supportive Care, Advancing Integrative Neonatal Practices



Fortis Hospital, Manesar, in association with the Indian Academy of Pediatrics (IAP), Gurugram, and the DSC Foundation for Newborn & Children, hosted a workshop on Developmentally Supportive Care (DSC) in Premies & Neuroprotection in NICU, on May 4, 2025. Centred around the theme 'Strategies for Integrative Neonatal Care,' the workshop brought together over 50 passionate doctors and nurses for a day of meaningful learning and collaboration.

Distinguished Guests of Honour included Dr Ajay Arora, CIAP Executive Member 2024; Dr Reenu Bhatia, President, IAP Gurugram and Dr Sumit Arora, Secretary, IAP Gurugram along with Dr Amitava Sengupta - Chairperson & Executive Director and Dr Vineet Kwatra, Organising Chairperson.

Celebrating the Strength of Motherhood on Mother's Day at Fortis Faridabad



On May 10, 2025, Mother's Day, Fortis Escorts Hospital, Faridabad, honoured the strength, resilience and unconditional love that define motherhood. In a heartfelt gesture, the hospital felicitated the mothers admitted at the facility with warmth, gratitude and a touch of green.

Each patient was personally greeted by their treating consultants, who extended warm Mother's Day wishes and presented them with a sapling—symbolising growth, hope and new beginnings. This thoughtful token served as a reminder that even in the midst of recovery, life continues to bloom.

Saplings were distributed to around 30 patients. The initiative brought smiles, comfort and emotional connection, turning the day into a memorable one.

Fortis Hospital Gurugram Hosts the Second Edition of 'Bump Bash' for Parents-to-Be



Fortis Hospital Gurugram hosted the second edition of 'Bump Bash,' an event for expecting parents. The event witnessed the participation of over 60 couples, who came together to celebrate the beautiful journey of parenthood. The morning was filled with joy and laughter, offering the parents-to-be a chance to bond, learn, and create lasting memories before welcoming their little ones.

The event was graced by Mr Yash Rawat, Vice President & Facility Director, as the Chief Guest, and saw wholehearted participation from the entire team of expert gynaecologists.

Fortis Escorts, Okhla Marks World Liver Day with Community Engagement Events in Association with Big FM 92.7



To raise awareness about liver health and promote preventive care, Fortis Escorts, Okhla organised a vibrant and informative World Liver Day event in collaboration with Big FM 92.7. The initiative brought healthcare closer to the community through a mix of on-ground medical support, fun activities and interactive sessions.

The celebrations began with a special event at RWA Mayur Vihar, where RJ Khurafati Nitin brought energy and enthusiasm to the gathering. Residents actively participated in free medical check-ups, health talks, and question-and-answer games, making it a perfect blend of health education and entertainment. The Q&A rounds, hosted by the ever-entertaining RJ, saw enthusiastic participation, helping bust common myths around liver health in a fun & engaging way with Dr Pankaj Puri, Director - Gastroenterology & Hepatobiliary Sciences and Dr Peeyush Kumar, Consultant - Gastroenterology & Hepatobiliary Sciences.

Adding to the outreach, an on-ground activity was also conducted at the bustling GK - 1, M block Market, led by RJ Akriti, where she interacted with the general public, sparking meaningful conversations around liver wellness, lifestyle changes, and preventive screening. Passersby took part in quick quizzes and shared their views, making the awareness drive both inclusive and impactful.

Through these engaging community touchpoints, Fortis Escorts, Okhla Road, New Delhi reinforced the importance of early detection, lifestyle moderation and regular health screenings—the key pillars in safeguarding liver health.

Fortis Gurugram Observes International Emergency Medicine Day with Focus on Learning & Preparedness



Fortis Hospital Gurugram observed International Emergency Medicine Day on May 31, 2025, with a series of insightful academic and practical sessions led by Dr Mohammad Nadeem, Head - Emergency. The event highlighted the critical role of emergency services and reinforced the department's commitment to continuous learning and clinical excellence. Dr Nadeem reflected on classical and complex cases encountered over the past year, sharing key learnings and showcasing how prompt action and clinical coordination saved lives. These real-world scenarios continue to be a foundation for training and preparedness in emergency care. The day also featured a workshop on Airway Management and Difficult Intubation Preparedness, where participants explored the latest airway devices, their clinical indications, and hands-on techniques for managing challenging cases.

Fortis Escorts, Okhla Marks World Liver Day with Community Engagement Events in Association with Big FM 92.7



Ms Richa S Debgupta, Chief of Strategy & Operations, Group Head ESG & Business Head – Kolkata & Jaipur addressing to the audience about the benefits of Ortho Robotic Surgery.



Doctors sharing knowledge

A special Knowledge Exchange session was recently held on May 30, 2025, at Fortis Hospital, Anandapur, highlighting the success of Robotic Orthopaedic Surgeries. The event drew over 200 recovered patients, their families and representatives from Corporates, RWAs, and retired Government/PSU sectors. Attendees witnessed first-hand how robotic surgery is revolutionising joint care. Patients shared their recovery stories while doctors explained how advanced technology is making joint replacements more precise, less invasive, and quicker to heal.

Fortis & Agilus CSR Join Hands to Organise 'Beyond Scholarship' Webinar for Medical Scholar-Beneficiaries



Dr Bishnu Panigrahi



Dr. Samir Parikh

Fortis Healthcare and Agilus Diagnostics, in partnership with Foundation for Excellence (FFE), is hosting a series of inspiring webinars titled 'The Champion Within: Navigating Your Success in the Field,' for the beneficiaries of the Fortis & Agilus Aspiring Doctors Scholarship Program. As part of the program, 194 meritorious medical scholars from economically disadvantaged backgrounds (with family income of less than INR 3 lakhs per annum) from 22 states across India receive Fortis & Agilus funded scholarships, to pursue their MBBS course.

The inaugural online session was held on April 27, 2025, wherein Dr Bishnu Panigrahi, Group Head – MSOG, Fortis Healthcare, addressed the students. His inspiring talk was followed by a lively and interactive Q&A session. The second webinar was held on May 11, led by Dr Samir Parikh, Director - Mental Health & Behavioural Sciences, Fortis Healthcare. Dr Parikh drew insights from his journey and from sports psychology to emphasise that success in medicine is not just about skill or hard work, but about cultivating a 'champion' mindset. He urged participants to focus on processes over outcomes, build resilience, embrace self-competition and prioritise mental well-being. The session also reinforced the value of emotional strength, mentorship and peer support as pillars of long-term excellence—reflecting Fortis and Agilus' broader CSR commitment to nurture both medical talent and mental health.

Meet Our Clinician



Dr Manisha Rajpal Singh

Additional Director – Gynaecology, Reproductive Medicine & Surgery
Fortis Hospital, Bannerghatta Road, Bengaluru

How long have you been with Fortis?

I've completed 14 incredible years at Fortis this year (2025). It's been a journey of continuous learning, meaningful patient relationships, and personal growth.

What inspired you to become a doctor?

My inspiration was right at home. My father served as the Professor and Head of the Department of Obstetrics & Gynaecology at St. George's Hospital, Mumbai (Sir JJ Group of Hospitals), and my mother was a dedicated General Practitioner. Growing up in that environment, I always knew I wanted to walk in their footsteps and carry their legacy forward.

What do you find most rewarding about being a clinician?

The opportunity to listen with empathy, heal with care, and restore smiles is a privilege. Whether it's helping complete a family or simply being there for someone in distress, the blessings and love I receive from patients make this journey deeply fulfilling. It keeps my spirit renewed each day.

How do you manage emotional challenges, given the high-stress environment?

First and foremost: I don't carry work stress home. I also lean on my "clinical buddies"—trusted peers who help me think through challenging cases. And if something still lingers, I talk to

my husband, who is also a doctor. His understanding makes all the difference.

Has your profession changed your approach to personal health?

Absolutely. I believe in practicing what I preach. Be it lifestyle modifications, diet, exercise, or sleep—I implement it at home first before recommending it to my patients.

How do you balance personal life with the demands of your profession?

Time management becomes essential when balancing home and hospital life. I'm fortunate to have a supportive partner, understanding children, and reliable staff both at work and home. That makes it easier—and the passion to give my best in both roles only continues to grow.

Do you have any hobbies to recharge yourself?

Hobbies are a must to stay grounded! I'm a trained Bharatanatyam dancer and have practiced the art for over 15 years. I've always enjoyed badminton and still love playing. I'm also passionate about languages—it helps me connect better with my patients. I enjoy cooking (especially sweets like gajar halwa and ukdiche modak), and during COVID, I discovered a love for painting—dabbling in acrylics, watercolours, and pastels. Recently, I've begun training in Hindustani classical music too.

Meet Our Nurse



**Jaya Ragini
Anthony**
Fortis Hospital, Jaipur

What inspired you to pursue your career in nursing and how it has shaped your professional and personal life?

Initially, I chose nursing as a career path with a practical mindset. However, during my student training in the Pediatrics department, I was deeply moved by the compassion and dedication I saw in my seniors. Their way of caring for children inspired me to approach my work with the same empathy. Over time, I found myself truly enjoying the impact I could make through patient care.

Nursing has shaped me both professionally and personally. It has taught me the value of patience, resilience, and compassion. Professionally, it gave me a strong foundation in clinical care and later opened doors in education and leadership. Personally, it has made me more grounded, empathetic, and purpose-driven. The journey has been more than a career—it has shaped who I am today.

Can you share a personal experience that exemplifies the impact nursing had on your life?

One unforgettable experience happened during a night shift when I was working as the shift in-charge. Around midnight, I received a Code Blue call. I immediately rushed to the floor and performed my role as part of the Code Blue team. We managed to stabilize the patient and transferred him to our ICU. Shortly after arrival, the patient—an elderly gentleman—collapsed again, and we had to perform CPR once more. It was a long, intense, and emotionally exhausting night. He was placed on a ventilator and closely monitored.

Over the following days, he gradually improved and was eventually discharged. But what truly touched me came later—every time he returned for follow-up visits, his wife would call me personally so he could see me. He remembered me, and seeing his gratitude each time reminded me of something profound.

In the moment, we often feel we're just doing our duty—following protocols, responding to emergencies, managing care. But for patients and their families, those actions mean everything. We're not just performing tasks; we're giving someone another chance at life, giving families more time with their loved ones. That experience

humbled me and reinforced how impactful and meaningful nursing truly is—not just professionally, but deeply personally.

What steps do you take to stay updated on the advancements and evidence-based practices in nursing?

Though I have moved out of active nursing, I remain a registered nurse for life. During my time in the field, I placed great importance on staying updated with advancements and evidence-based practices. I regularly attended workshops, training sessions, and webinars focused on clinical care and professional development. I also referred to trusted sources like WHO, CDC, and national nursing guidelines to keep my knowledge current.

As a Nursing Educator, I made it a priority to stay informed so I could share the most accurate and up-to-date information with my students and peers. Engaging in interdisciplinary meetings, participating in audits, and being involved in quality improvement initiatives also helped me apply evidence-based practices effectively in patient care.

How has been your journey working at Fortis?

My journey at Fortis has been incredibly enriching. I started in 2010 as a staff nurse in the Cardiac ICU, gaining hands-on clinical experience. After a brief break, I returned in 2016 as a Clinical Instructor and later became a Nursing Educator. Each role added new dimensions to my growth.

A significant milestone was being selected for the first batch of the Fortis Future Operational Leadership Program. It marked a shift toward hospital operations and leadership. I completed the academic phase in 2023, and I'm currently in my On-the-Job Training—completed PCS & SCM, presently posted in F&B, with Housekeeping as my next rotation.

Fortis has played a key role in shaping my journey, giving me the space to grow, explore, and take on new challenges beyond traditional nursing.

Awards & Accolades

Ms Doli Biswas of Fortis Anandapur Honoured with the Prestigious National Florence Nightingale Award



Ms Doli Biswas receiving the award from the Hon'ble President of India, Smt Droupadi Murmu



In a proud moment for all Fortisians, Ms Doli Biswas, Chief Nursing Officer at Fortis Hospital, Anandapur, has been conferred with the prestigious National Florence Nightingale Award by the Hon'ble President of India, Smt Droupadi Murmu.

The award was presented at a ceremony held at the Rashtrapati Bhavan in New Delhi on May 30, 2025. The award recognises her outstanding dedication, leadership and contribution to the nursing profession. Ms Biswas has been instrumental in raising the bar for patient care, mentoring nursing teams and fostering a compassionate, quality-driven healthcare environment.

Nurses Ranjit Kaur and Sunita Rani of Fortis Escorts, Amritsar, Felicitated for Saving Lives



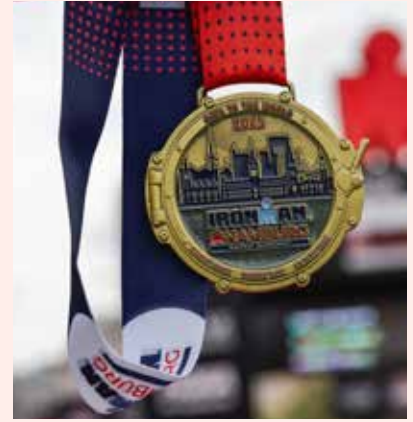
Nurse Ranjit Kaur and Nurse Sunita Rani of Fortis Escorts Hospital, Amritsar, were publicly felicitated for going beyond the call of duty to save precious lives. While Ms Ranjit was honoured with the 'Best Nurses Award' by Dr Kirandeep Kaur, Civil Surgeon, Amritsar on International Nurses Day, Ms Sunita received an appreciation award from Rotary Club Amritsar on May 22, 2025.

On May 7, Nurse Ranjit Kaur was part of a Fortis team that conducted a medical health check-up & BLS camp at a prominent bank in Amritsar. While attending to a visitor, she noticed a commotion and learnt that an individual had collapsed near the bank's ATM. On rushing to the spot, Nurse Ranjit found that the young man, later identified as a factory worker, was having an epileptic seizure and was undergoing severe convulsions. She immediately attended to the patient and turned him to a lateral recumbent (side-lying) position. Though the patient was unconscious, she could feel his carotid and radial pulses. She continuously tapped on his back so that the secretions drained out. Undeterred by the advice and comments of the surrounding crowd, Nurse Ranjit persisted with the process, trusting her training, experience and skills. Soon, a large volume of secretion drained out and after about 7-10 minutes of relentless effort, the patient blinked his eyes and slowly became responsive.

On January 4, while travelling on a bus from Batala, Punjab, to Fortis Amritsar for her morning shift, Nurse Sunita noticed that a male passenger, aged about 50 years, had become unresponsive. It later transpired that the man was a cardiac patient who had recently undergone stenting and was on his way to a hospital for follow up. As the person's relatives raised a hue and cry, Nurse Sunita immediately responded to the situation. She assessed his carotid pulse and requested for space to perform CPR. With the support of his relatives, she laid the patient down on a seat and commenced CPR while the bus was still in motion. After a few minutes, the patient regained consciousness and subsequently vomited, after which he reported feeling better. The patient's relatives thanked her profusely while the other passengers commended and blessed her.

Both, Nurse Ranjit and Nurse Sunita have made all of us proud by their selfless actions.

Dr Anurag Gupta of Fortis Vasant Kunj Wins Coveted Ironman Title at Hamburg, Germany



Dr Anurag Gupta, Senior Neurosurgeon and Spine Surgeon at Fortis Hospital Vasant Kunj, has won the prestigious 'Ironman' title at the Ironman Hamburg European Championship, on June 1, 2025. He is the only Neurosurgeon from India to have ever completed an Ironman triathlon and among a handful of neurosurgeons across the world to have achieved the remarkable feat. Considered to be one of the toughest single day endurance sporting events across the world, the Ironman Championship challenges athletes to complete a gruelling triathlon circuit consisting of 3.8 km of swimming followed by 180 km of cycling and then 42.2 km of running, covering a total distance of 226.3 km (140.6 miles). An athlete has to complete the race in under 15 hours and 30 minutes to win the Ironman title. Over 3,000 athletes from across the world participated in the event this year. The inclement weather conditions at Hamburg, Germany, made the event even more challenging.

Dr Gupta has been into endurance sports for many years and has participated in half distance Ironman in the past, but this was his first full Ironman. Dr Gupta said, "What kept me going was my wonderful coach, family, friends and the wonderful people of Hamburg, who transformed the event into one big party. People gathered all along the course, cheering for me and all the other athletes. Endurance

Dr Anoop Misra Felicitated with Times Now's 'Hippocrates of India' Award



Dr Anoop Misra, Chairman - Fortis C-DOC Hospital for Diabetes and Allied Sciences, has been felicitated with the prestigious 'Hippocrates of India' award, the highest category of award given by Times Now, Times of India Group. The award was presented by the Hon'ble Governor of Punjab, Shri Gulab Chand Kataria, on June 28, 2025. The award celebrates exceptional physicians and medical leaders in India who demonstrate clinical excellence, innovation, ethical practice, and community impact.

Photo Feature



Fortis SL Raheja Mahim



Fortis Hospital, Hiranandani Vashi



Fortis Hospitals, Bengaluru



Fortis Hospital, Anandapur



Fortis Hospital & Kidney Institute, Kolkata



Fortis Escorts Amritsar



Fortis Memorial Research Institute



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Vasant Kunj



Corporate Office, Gurugram



Fortis Escorts Faridabad



Fortis Hospital, Jaipur



Fortis Hospital, Kalyan

Congratulations

New Additions to the Family



Baby of Kavya CT-Nagarbhavi Unit

Newly Weds



Rajakumar Hikkanagutti-Nagarbhavi Unit